



Helen has been with AID Upstate since 2006 when The Laurel was first created as the organization's client residential facility. As the manager, Helen manages the 24-hour staff, implementation of policies/procedures, and care of residents. With a degree in Culinary Arts from the Culinary Institute of America, Helen also serves as the resident cook for lunch and dinner. She ensures that residents have access to nutritious food in safe and pleasant surroundings.

Helen likes to encourage friendly conversation during meal times which play a large part in the improvement of the health of the residents.

Helen has served in various capacities for non-profits in the Upstate and in her hometown of Anderson, SC. She has volunteered at Meals on Wheels, Friends of the Anderson County Library, and the Junior League of Anderson County. She also served on the Board of Trustees of the Anderson County Library System, the Board of Directors of AID Upstate, and currently as a life Trustee of the Anderson County Woman's Club.

Q: What do you enjoy doing in your free time away from the office?

A: In my time away from The Laurel I like to read, to cook and to travel. All three things provide an escape for me.

Q: What do you hope visitors will take away about our organization?

A: I hope that visitors see the variety of services that we provide. I think many people know a little bit about what we do but have no idea that we do so much. I hope they realize how many people we help in so many ways. And I hope it helps people put a face on it. I think when people understand that our clients are their neighbors, their family member, their friends, people they see every day, the stigma of being HIV+ will begin to disappear.